Physical Medicine and Rehabilitation: TTD EPA 2

Performing physiatry-focused physical examinations

Key Features:
- This EPA focuses on the general physical examination, including screening of musculoskeletal and neurological components.
- It includes an organized, reliable and respectful approach to system-based examinations, with clear instructions to the patient and appropriate consent, while attending to patient comfort (e.g., appropriate patient draping).
- It may be observed in an inpatient or outpatient setting and in patients with any physiatric presentation.
- This EPA does not include detailed discipline-specific content (i.e. ASIA, spasticity, higher level cognitive function, detailed gait assessment, aphasia, dysphagia, contracture, comprehensive MSK special tests, etc.) or discernment of pertinent positives or negatives.

Assessment Plan:

Direct observation by physiatrist or Core or TTP trainee

Use form 1. Form collects information on:
- Setting: inpatient; outpatient

Collect 2 observations of achievement.
- At least 1 physiatrist

Relevant Milestones

1. COM 1.2 Optimize the physical environment for patient comfort, dignity, privacy, engagement, and safety
2. ME 2.2 Focus the clinical encounter, performing it in a time-effective manner, without excluding key elements
3. ME 2.2 Perform a general physical exam
4. ME 2.2 Perform a screening musculoskeletal and/or neurological exam
5. COM 1.4 Identify, verify, and validate non-verbal cues
6. ME 2.2 Demonstrate an organized approach to the physical examination
7. P1.1 Complete assigned responsibilities