



DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine
University of Toronto

November 2020

Monthly update Newsletter

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1. Accreditation Visit Successful

We are pleased to announce that the accreditation visit for our PM&R residency program has been successful so far. We had a number of accreditation meetings which required considerable preparation, but went exceedingly well. I want to especially thank Lisa Becker, Tracia Young and Jane Cosgrove who put a tremendous amount of work into the preparation for the accreditation visit. This includes not only preparation of excellent documentation but also a number of preparatory meetings and other work that went into the visit. We also want to thank all the faculty, residents and support staff who made this successful review possible. We have not yet had official word from The Royal College, but initial feedback has been quite positive.

Lisa Becker has sent an email from the exit meeting which took place.

“The following key points were highlighted:

- We are being recommended for Full Accreditation with regular review – This is the highest category available and means that we will not require additional external review for 8 years!
- Our teaching faculty stood out as being extremely engaged in resident education, collaborative and collegial. They were impressed by the number of faculty who showed up with cameras on for the faculty meeting, RPC meeting and CC meeting
- We have 2 of the happiest Program Assistants in the Department of Medicine who are invaluable
- Our residents are EXTREMELY happy! (These were the words of the accreditors)
- We have impressive research and quality improvement programs

A formal report will follow in the next several weeks/months”.

2. Wellness Working Group Survey

The Division of PM&R Wellness Working Group, led by Kim Coros, wants to hear from you! We have created a short survey to gain a sense of your wellness needs for the coming year. We appreciate any feedback or ideas you have for how best we can support you, as well as for ways we can continue to foster community, health and wellness within our division. Please complete this survey by December 15th at: <https://www.surveymonkey.com/r/JJ5NBHR>
Part of the survey includes The Physician Wellness Inventory (PWI). The PWI is a measure developed in Michigan (2010) of how happy and satisfied physicians are with their work.

Reference: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6404719/>.

Click below for the pdf copy if you want to calculate your score and see how you match up to the means from the original research.

<https://www.plasticsurgery.org/documents/medical-professionals/wellness/Physician-Wellness-Inventory.pdf>

3. Congratulations to Tony Burns

Congratulations to Tony Burns for a successful research grant from the Paralyzed Veterans of America (PVA). We were happy to hear that Tony has been funded \$146K USD for a two year grant looking at the utility of clinical measures for determining driving capability following spinal cord injury. These are very competitive grants and we are very pleased that Tony was successful in this grant.



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4. Special Issue of the Journal of Clinical Medicine

Thank you to Andrea Furlan for providing information as below, inviting researchers to submit an article to this special issue of the Journal of Clinical Medicine "Pharmacological Management of Chronic Pain". The deadline is May 31, 2021. The flyer is attached for more information. https://www.mdpi.com/journal/jcm/special_issues/pharma_pain

5. Welcome to Adam Kassam Joining Our Faculty

We are pleased to welcome Adam Kassam as an adjunct lecturer in the Division of PM&R effective November 1st. Adam has been participating in medical student teaching as well as Grand Rounds and will be participating in academic half days. As you probably all know, Adam is also the incoming President of the Ontario Medical Association which is a great thing for PM&R in Ontario. Welcome Adam, who can be reached at: adam.kassam@runnymedehc.ca.

6. Congratulations to David Langelier on New Family Member

We were happy to hear that David Langelier and his partner Rob are thrilled to share news of their new adoptive daughter! They had to go to the USA for the adoption but have successfully returned. David writes, "Ms. Everly Rose Luini was born October 5, 2020. She is beautiful, healthy and reminding me what it's like to be awake and on call overnight". Congratulations are extended to David and Rob. Please see the photos below.



7. Peter Broadhurst settles the debate on nerve names at Sunnybrook DOM, Medical Grand Rounds

Peter Broadhurst gave an excellent talk on foot drop recently at the Sunnybrook Department of Medicine, Medical Grand Rounds. This was both comprehensive and engaging and he effectively utilized many of the tools for virtual learning. We are especially thankful that he, once and for all, settled the debate on nerve names with a single slide:



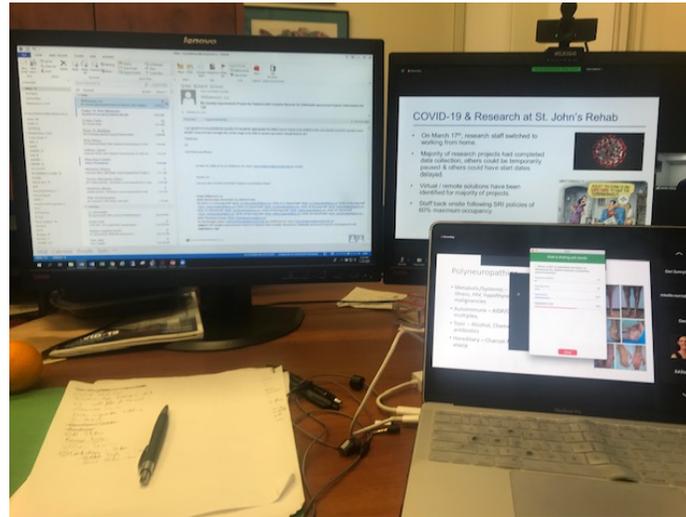
8. Can you help Larry Robinson with efficiency recommendations?

Now that we have the ability to attend meetings over Zoom, Larry Robinson has heard that it is possible to "double Zoom". This means that he can attend two meetings or lectures simultaneously, respond to email, and take notes on paper all at the same time. This is a great way to stuff three hours of screen time into a single hour and be more efficient. But it just feels like he could do more and be even more productive. If anyone has additional suggestions for even more efficient multi-taking, let us know and we'll include them in the next newsletter.



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I hope everyone stays safe for the holidays.

As always, let us know if you have stories of interest that you would like to have distributed.

Don't forget to connect with our Twitter site @UofT_Physiatry and also check out our Facebook page.

Larry Robinson MD
Chief, Rehabilitation Services
John and Sally Eaton Chair in Rehabilitation Science