

## Physical Medicine & Rehabilitation: Foundations EPA 3

### Performing procedures

#### Key Features:

- This EPA includes establishing patient candidacy for the procedure (i.e. identifying the indications and contraindications), obtaining informed consent, preparing the patient and gathering required materials/medications, selecting the site for the procedure, following sterile or clean technique, providing post-procedure counseling to the patient, and documenting the procedure.
- This EPA may be observed in the clinical or simulation setting

#### Assessment Plan:

Direct observation by physiatrist, TTP trainee, or non-physiatrist physician with appropriate skill set; may include input from other health professionals including technicians, nurses, or physician assistants

Use form 2. Form collects information on:

- Observation type: direct; indirect
- Setting: consultation service; inpatient unit; outpatient clinic; simulation
- Procedure: casting; cast removal; bladder catheterization; IV insertion; joint aspiration/injection; musculoskeletal injection; NG tube insertion; PEG tube removal; superficial skin suturing; removal of sutures; tracheostomy removal; other (open text)

Collect 10 observations of achievement.

- No more than 3 in simulation setting
- At least 3 different procedures
- At least 3 different observers

#### Relevant Milestones

1. ME 3.1 Describe the indications, contraindications, risks, and alternatives for a given procedure or therapy
2. ME 3.1 Describe to patients common procedures or therapies for common conditions in Physiatry
3. **ME 3.2 Obtain and document informed consent, explaining the risks and benefits of, and the rationale for, a proposed procedure**
4. **ME 3.4 Gather and/or manage the availability of appropriate instruments and materials**
5. **ME 3.4 Position the patient appropriately**
6. ME 3.4 Demonstrate aseptic technique: skin preparation, establishing and respecting the sterile field
7. **ME 3.4 Perform common procedures in a skilful, fluid, and safe manner with minimal assistance**

- 8. ME 3.4 Establish and implement a plan for post-procedure care**
- 9. ME 3.4 Recognize and manage immediate complications of a procedure**
- 10. COM 4.3 Answer questions from the patient and family about next steps**
- 11. COM 5.1 Document the clinical encounter to convey a procedure and its outcome**