What is CBD?
Competency By Design is the Royal College’s model of Competence-Based Medical Education (CBME) which is an educational model that is:

- More oriented to outcomes rather than time in training (i.e. what trainee can DO)
- More flexible to learners’ prior skills and current needs
- Training using a coaching approach with more regular feedback & entrustment decisions
- Enhanced tracking of learners’ progress and performance

What is an EPA?
An Entrustable Professional Activity is a unit of work actually done during the clinician’s day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting). There are 28 EPAs for the PGY1-4 Internal Medicine training program. Each EPA gets assessed several times for each resident. Each EPA is made up of several “milestones.” The EPAs increase in complexity through stages.

Learn more about EPAs and CBD:

READ Factsheets: CBD Terminology Click here
Improving feedback tips: Click here

WATCH EPAs 101: Click here

VISIT www.deptmedicine.utoronto.ca/cbme for general information on resources and events.

Questions? CONTACT us at im.cbd@utoronto.ca

Primer for EPA FOD 2C - Managing patients admitted to acute care settings with common medical problems and advancing their care plans (HANDOVER)

This EPA focuses on the ability to perform handover for patients admitted to acute care settings with common medical problems. The assessor is the supervisor, and this EPA is done under direct observation.

It is usually done in the Foundations of Discipline (FOD) stage (last 9 blocks of PGY1). It can be done in Transitions to Discipline (TTD) stage (first 4 blocks of PGY1).

EPA MILESTONES: FOD 2C Handover

1. Identify patients requiring handover to other physicians or health care professionals
2. Summarize the patient’s issues, including plans to deal with ongoing issues
3. Communicate with the receiving physician(s) or health care professional during transitions in care, clarifying issues as needed
4. Provide anticipatory guidance for results of outstanding investigations and/or next steps for management

HOW TO COMPLETE AN EPA ASSESSMENT:

1. You or the resident initiate the assessment. The assessment may be based on direct observation or case discussion.
2. You or the resident sign onto Elentra, and provide the assessment demographics. This can be done on the mobile phone or computer top.
3. From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and indicate their performance level on each milestone you assessed, using the entrustment scale. You are not required to cover all milestones, but are welcome to.
4. Using the global entrustment scale, decide whether the resident can be entrusted overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool verifies skills that should have been learned in medical school.
5. Describe 2-3 strengths and 2-3 actions, or areas for improvement. Please provide detailed and actionable comments based on your observations of their performance.
6. Discuss your feedback with the resident.

GLOBAL ENTRUSTMENT SCALE (Competent and Proficient levels are entrustable)