



**TTD 1 - Initiating a comprehensive geriatric assessment (CGA) and identifying common geriatric syndromes**  
**Part A: Performing a CGA**

<p><b>Key Features</b></p> <ul style="list-style-type: none"> <li>• This EPA focuses on components of the CGA, including conducting a comprehensive history and physical examination, documenting the clinical encounter, and identifying common geriatric syndromes</li> <li>• This EPA does not include analyzing and synthesizing diagnoses for common geriatric syndromes</li> <li>• The observation of this EPA is divided into two parts: performing a CGA; and performing an MMSE and MoCA</li> </ul>
<p><b>Target</b></p> <ul style="list-style-type: none"> <li>• <b>Collect 1 observation of achievement</b></li> </ul>
<p><b>Case presentation</b></p> <ul style="list-style-type: none"> <li>• cognitive impairment; mood disorders; functional impairment/decline; frailty/multicomplexity; mobility/falls/gait disorders; bone health; orthostatic hypotension; dizziness; sarcopenia and deconditioning; incontinence; weight loss and optimal nutrition; optimal prescribing; pressure ulcers/injuries; driving safety awareness</li> </ul>
<p><b>Setting</b></p> <ul style="list-style-type: none"> <li>• inpatient consult; geriatric unit; outpatient clinic; day hospital; outreach</li> </ul>
<p><b>Assessor</b></p> <ul style="list-style-type: none"> <li>• geriatrician; transition to practice geriatric medicine trainee; care of the elderly physician</li> </ul>
<p><b>Milestones in Elentra</b></p> <ul style="list-style-type: none"> <li>• COM 1.2 Optimize the physical environment for patient comfort, dignity, privacy, engagement, and safety</li> <li>• COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion</li> <li>• ME 2.2 Elicit an accurate, relevant comprehensive history including functional, medication and social history</li> <li>• ME 2.2 Perform a physical examination at the level of an internist, including a comprehensive musculoskeletal and neurological examination, targeted to the presentation</li> <li>• COM 2.3 Seek and summarize relevant information from other sources, including the patient’s family, and medical records</li> <li>• ME 2.2 Identify frailty, cognitive impairment, mood disorders and functional impairment</li> <li>• ME 2.2 Synthesize and organize clinical information for clear and succinct presentation to supervisor</li> <li>• COM 5.1 Organize the clinical information from a CGA within a written document</li> <li>• COM 5.1 Document information about patients and their medical conditions in a manner that enhances interprofessional care</li> </ul>