



**Special Assessment SA #1**

**Developing and implementing a continuing personal development plan geared to setting of future practice**

**Key Features:**

- This includes a variety of components encompassing professional, personal, and social development including professionalism, reflective practice, navigating career choices, continuing professional development, cognitive flexibility, learning portfolio, and physician health and wellness
- Achievement is based on providing the rationale for a development plan, self- reflection, personal needs assessment, time management, identification of methods to achieve the personal learning plan (such as literature review, clinical training, conference attendance and/or rounds attendance), and identification of the methods to achieve personal wellness
- Examples may include a plan to act on the performance gaps identified in another EPA (reflection on personal development needs); a plan to prepare for post- residency training; a plan to prepare for practice in a specific setting (e.g. community) and/or a setting requiring distinct skills; and/or a plan for personal wellness

**Assessment plan:**

Review of resident's submission of a personal learning plan by faculty advisor, program director or Competence Committee

***Use Form 4.***

**Target:**

*Collect 1 observation of achievement*