



FOD 6A - Assessing and managing patients with a fall risk
Part A: Gait analysis and balance assessment

<p>Key Features</p> <ul style="list-style-type: none"> • This EPA focuses on managing fall risk by performing appropriate neurologic and musculoskeletal examinations and gait analysis, and prescribing simple gait aids • This EPA includes using and interpreting appropriate fall risk and balance assessments such as gait speed, Berg Balance Scale (BBS) and Timed Up and Go (TUG) test. It also includes a comprehensive assessment of modifiable and nonmodifiable extrinsic and intrinsic risk factors to guide fall risk management, and integrating the assessments of interprofessional team members • The observation of this EPA is divided into two parts: gait analysis and balance assessment; fall risk assessment and management • Gait analysis and balance may be observed in a simulation setting
<p>Target</p> <ul style="list-style-type: none"> • Collect 3 observations of achievement • At least 1 movement disorder • At least 2 in clinical setting • At least 1 by a geriatrician
<p>Case presentation</p> <ul style="list-style-type: none"> • movement disorders; MSK disorders; sensory impairment; cerebellar/ataxic; NPH; vascular (stroke/subcortical); orthostatic hypotension; multiple medications; cognitive impairment
<p>Setting</p> <ul style="list-style-type: none"> • inpatient unit; day hospital; outpatient clinic; inpatient consult
<p>Assessor</p> <ul style="list-style-type: none"> • geriatrician; care of the elderly physician; physiatrist; neurologist
<p>Milestones in Elentra</p> <ul style="list-style-type: none"> • ME 2.2 Perform an MSK examination appropriate to the patient presentation • ME 2.2 Perform a neurological examination appropriate to the patient presentation • ME 2.2 Perform gait analysis and balance assessment including a description of the patient’s gait using a systematic approach • ME 2.2 Interpret the results of gait and balance screening tools including gait speed, BBS, and TUG test • COL 1.1 Respond appropriately to input from other health care professionals as it relates to balance and gait • COL 1.2 Make effective use of the scope and expertise of other health care professionals