

What is CBD?

Competency By Design is the Royal College's model of Competence-Based Medical Education (CBME) which is an educational model that is...

- More oriented to outcomes rather than time in training (i.e. what trainee can DO)
- More flexible to learners' prior skills and current needs
- Training using a coaching approach with more regular feedback & entrustment decisions
- Enhanced tracking of learners' progress and performance

What is an EPA?

An Entrustable Professional Activity is a **unit of work** actually done during the clinician's day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)

- There are 29 EPAs for the PGY1-4 Internal Medicine training program
- Each EPA gets assessed several times for each resident
- Each EPA is made up of several "milestones"
- The EPAs increase in complexity through stages

Learn more about EPAs and CBD:

READ Factsheets: CBD Terminology Click <u>here</u> Improving feedback tips: Click <u>here</u>

WATCH an eModule on: CBD in Internal Medicine and Medsquares troubleshooting: Click <u>here</u> to watch EPAs 101: Click <u>here</u>

PREVIEW a sample completed TTD1 EPA. Click here to preview.

VISIT

<u>www.deptmedicine.utoronto.ca/cbme</u> for general information on resources and events.

Questions? CONTACT us at dom.cbd@utoronto.ca



Internal Medicine

Primer for Manage Complex Unstable Patients - EPA COD4

Core of Discipline -COD EPA 4 (PGY2&3): This EPA focuses on clinical assessment and management of the unstable patient. The residents are expected to assess, resuscitate and manage unstable critically ill patients.

Supervisor (staff and/or supervising fellow) does assessment based on direct* and indirect observation.

*Direct = unfiltered case review at the time of presentation, with validation of part of the history/physical by the supervisor followed by discussion of the management plan.

EPA MILESTONES: COD4 (Click to see similar completed form)

- Prioritizes patients on the basis of presentation.
- 2. Focuses the assessment, in time-efficient manner, includes key elements
- 3. Applies reasoned preliminary approach (monitoring & tests) to diagnosis & generates focused differentials.
- 4. Recognizes the limits of one's experience & expertise & obtains help if required.
- 5. Develops focused management strategies for critically ill patients requiring hemodynamic support, non-invasive ventilating and monitoring.
- 6. Seeks timely consultations with subspecialist or critical care specialist as required.
- 7. Documents in an organized manner that enhances care.
- 8. Triages procedures or treatment, taking into account clinical urgency, potential for deterioration, resources.
- 9. Hands over care appropriately to other physicians, providing relevant information in a timely manner.

HOW TO COMPLETE AN EPA ASSESSMENT:

- 1. You or the resident initiate the assessment. You observe the resident carry out the activity. We expect at least 5 minutes of direct observation for this tool. Parts of the assessment can be done as case review/discussion.
- 2. You or the resident sign onto <u>medsquares</u>, and provide the assessment demographics. This can be done on the mobile phone or computer top.
- 3. From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and provide comments about the resident's performance.

Please also indicate the performance *level* on each milestone you assessed, using the entrustment scale. *You are not required to cover all milestones, but are welcome to.*

- 4. Using the global entrustment scale, decide whether the resident can be_entrusted overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool verifies skills that should have been learned in medical school.
- Provide general comments and recommendations for the resident's future learning.
- 6. Discuss your feedback with the resident.



GLOBAL ENTRUSTMENT SCALE (Autonomous and Consultancy levels are entrustable)