



DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine
University of Toronto

October 2019

Monthly update Newsletter

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1. Division's Strategic Planning is moving forward

Thanks are extended to all who contributed to our division's retreat in June as well as to our online survey of division members regarding strategic planning areas. Based on all this input, we have identified seven areas that represent the broad interest of our division members. These are areas we will explore and potentially pursue for our next strategic plan. These areas include:

- Advocacy for our patients
- Education and competency based medical education
- Integrated care across the continuum
- Physician wellness and mentorship
- Quality and Innovation
- Research across our sites
- Strategic use of social media

We are currently asking leaders in each of these areas to get together with workgroups to identify some potential key initiatives as well as what impact we want to have on our faculty. Ultimately, we would like to articulate what success would look like in each of these areas over the next five years.

We have asked our division members to set-aside February 7th for a special additional division retreat to put together these ideas. At that time, we will ask each of the workgroups to present their initiatives and we will discuss them and decide what should go in our next strategic plan. This date had already been set-aside for a Competence By Design workshop but we will use it for this purpose instead since that CBD session is no longer required.

Many of you will be asked to serve on one of the seven workgroups. I do hope you will find the time to meet in advance of our February 7th retreat.

We should all be quite pleased with how we've done over the last five years in our strategic plan and there are a number of potential initiatives that it seems we can make great progress on over the next five years as well.

2. Are you hearing echoes after concussion

We are pleased to see that ECHO Concussion is starting on Wednesday, November 13th. The flyer is attached and the curriculum looks excellent. As all of you already know, concussion is a big problem across Ontario and this forum for education is a superb way to educate our colleagues in primary care about how to treat concussion. Please feel free to share the attached flyer or attend yourself if it is of interest. Congratulations are extended to the ECHO team for continuing to expand the education offerings that they provide.

3. Tony Burns serving as CIHR grant reviewer

We were pleased to hear that Tony Burns is serving as a Canadian Institute of Health Research (CIHR) grant reviewer for the Clinical Investigation B Committee for Fall 2019 and Spring 2020. This role as a grant reviewer is an important sign of national visibility for our faculty. While these grant reviews are considerable work, we would encourage anyone who is invited to participate as it's also educational for established one's own grant submissions.



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We were also pleased to hear that Tony will be presenting on the Development of the SCI Pressure Sore Onset Risk Screening (SCI-PreSORS) Instrument at the 58th International Spinal Cord Society (ISCoS) Annual Scientific Meeting in Nice, France, 5 - 7 November 2019

4. **Bridgepoint Active Healthcare receives award**

We heard recently that Sinai Health System, Bridgepoint Active Healthcare, was given an Award of Excellence for stroke distinction in rehabilitation after their accreditation visit earlier this year. This is a great mark of excellence for the team at Bridgepoint. The below photo shows Shannon MacDonald and Heather MacNeill receiving the award on behalf of Bridgepoint.



5. **Stroke of luck in Ottawa**

We were pleased to see the below photo of Heather MacNeill, Jordan Silverman and Shannon MacDonald at the Canadian Stroke Congress in Ottawa earlier this month. We were pleased that they were able to attend the congress as well as the good fortune that they did not fall into the Rideau Canal when the locks opened up.





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6. Early rehab consults highlighted in CAHO

We were pleased to see the story about acute care consults in the Council of Academic Hospitals of Ontario (CAHO) publication as seen in below link:

<http://healthierwealthiersmarter.ca/sunnybrook-researchers-find-early-physical-medicine-and-rehabilitation-consults-benefit-critically-injured-patients/>

This highlights the early consult work that we have done with multiple collaborators based at Sunnybrook Hospital. We are hoping, as part of our integrated care strategy, to advance both the acute care consults and combined multi-specialty clinics in our next strategic plan.

7. Don't miss out on the 2019 U of T, PM&R Conference

You can now register for the 2019 U of T, PM&R Conference which will occur on November 22, 2019 at the Sunnybrook Vaugh Estates, Main Ballroom. This year will focus on patients with neurological and musculoskeletal disorders. We have some excellent speakers lined up.

See enclosed PDF poster and http://torontopmrconference.com/2019/wp-content/uploads/2019/09/TPM-poster_Final2019_09.pdf

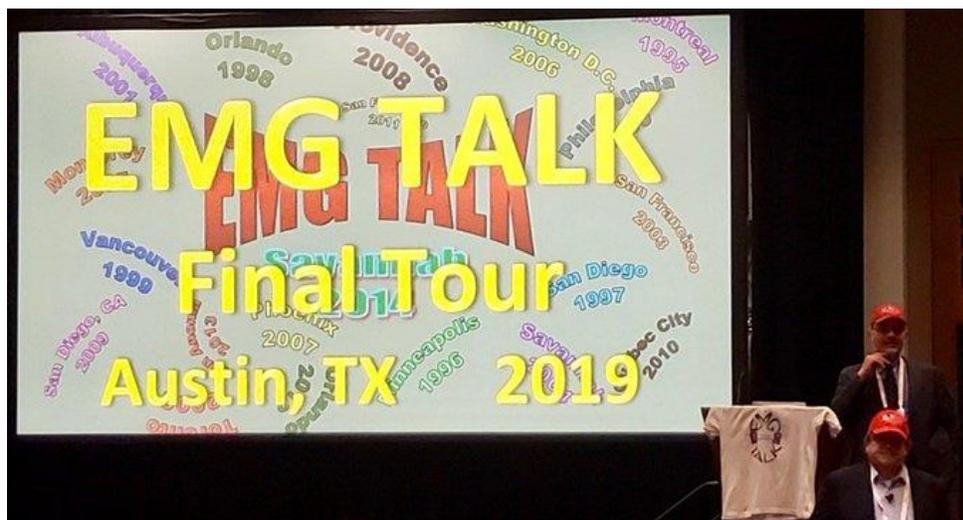
8. Grand Rounds November 14, 2019 invited speaker

A special thanks goes out to Cathy Craven who has invited Jonathan (Rick) Adachi, Professor of Medicine at Michael G. DeGroote School of Medicine, McMaster University to present at U of T, PM&R Grand Rounds on November 15, 2019. He will be talking about "Management of Osteoporosis and Prevention of Fractures". We encourage all to attend as it is not very often we have a speaker of his stature. If you have any questions you would like to ask, please forward them to Cathy at: cathy.craven@uhn.ca.

9. Larry Robinson acts foolishly (again) at national meeting

Larry Robinson and his colleague Bill Litchy (neurologist from Mayo Clinic EMG Lab) did a return tour of their "EMG Talk" show at the American Association of Electrodiagnostic and Neuromuscular Medicine (AANEM). They have done this show for 20 years consecutively at the AANEM meetings but took a hiatus for the last five years. They brought it back after popular demand in Austin, Texas earlier this month. There were at least 300 people at the event (though Americans usually exaggerate the size of crowds, such as at inaugurations). The show is based on the most popular show on national public radio in the US called, "Car Talk". See links below. Of interest, this format and this show of two mechanics talking about car problems was used as a model for medical education in several places in the US and an interesting article entitled the "Mechanics of Reasoning" is attached to the newsletter if you are interested. While we do have red hats on, those are definitely NOT Make America Great Again (MAGA) caps.

Car Talk Links: https://en.wikipedia.org/wiki/Car_Talk and <https://www.npr.org/podcasts/510208/car-talk>





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Please let us know if you have items or news to add to the Newsletter.

Please also don't forget to check out our Facebook page.

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