



DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine
University of Toronto

December 2017

2017 Monthly update Newsletter

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1. Research Day a great success

The division had its annual Research Day on December 1, 2017 which was a great success. Many thanks are extended to Mark Bayley and others for leading the day. We had an excellent series of presentations that seem to simply get better every year. Presentations were both from residents and faculty members and demonstrate a superb and improving level of rehabilitation research in our division.

Special congratulations are extended to Pam Joseph who won the Senior Resident Research Award, McKyla McIntyre who won the Award for Methodology and Jason Liang who won the Award for Synthesis.



2. Residents enjoy holiday party

We were pleased to receive a photo from our residents showing them having a delightful holiday party. We were especially happy to see the senior residents (including Ida who is lying across the couch) look so relaxed as they are studying for their Royal College exams.





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3. Residents have many babies.

In a story unrelated to the Christmas party (we think), the baby boom of 2017 is well underway. Jordan Silverman and his family welcomed baby boy Jack in the summer. Dhinesh Sivananthan and his wife welcome a baby boy in November (modeling his Physiatry onesie). There are pending arrivals for Lilian Vivas, Rebecca Titman and Pinder Sahota.



We also want to offer a great big CONGRATULATIONS to Adarsh Rao who got married in November.

4. Sudden passing of Kathleen Dilkas Kanetos

We were sad to hear this month of the sudden passing of Kathleen Dilkas Kanetos. Kathleen, the sister of Steve Dilkas passed away too early in life. The link below provides details if you would like to find out about making a donation in her memory. <https://mountpleasantgroup.permavita.com/site/KathleenJulieDilkas.html>

5. Amanda Mayo going to MaRS

We were very pleased to hear that Amanda Mayo is receiving an award from MaRS to work with Mark Ratto of Nia Technologies to explore fabrication of prostheses using 3D printing technologies. More details can be found at: <https://www.marsdd.com/systems-change/procurement-co-design/news/mars-procurement-co-design-cohort-2-grant-recipients/>

6. Traumatic brain injury and concussion conference March 19-21, 2018

For those working in the area of traumatic injury concussion, you may be interested in the upcoming Rotman Research Institute Conference on this subject. The full details can be found at: <http://baycrestresearchconference.cmail19.com/t/ViewEmail/r/0B250DAB32E4B8602540EF23F30FEDED/38375D64FF6DB314BA4AF9908B8D85ED>

7. Fasciculation Anxiety Syndrome is common in clinicians

We were pleased to come across an abstract which indicates that the fasciculation anxiety syndrome in clinicians (FASICS) is common. While 5% of those presenting for medical care regarding a fasciculation have ALS, the majority (thankfully) do not have motor neuron disease. Exercise, stress, fatigue and caffeine consumption, all common in clinicians, were identified as common risk factors. The full research abstract can be seen on the attached abstract.

8. Has your language changed recently?

Have you come home talking about paradigm shifts, quick winds, or tried to put your children through a performance review? Have you knocked on the door as you were exiting the bathroom? Have you said, "I love you" at the end of a call to the pharmacy to do a refill?" If any of these are concerns to you, you might find the entertaining articles of interest. The annual December edition of the British Medical Journal typically has articles of general interest. The article on management language syndrome and doctors' fails are attached for your perusal. I have requested in my personal advanced directive that if I were to develop management language syndrome that I be immediately enrolled in a Medical Assistance in Dying program.



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We wish everyone happy holidays!



Please let me know if you have items or news to add to the Newsletter.

Please also don't forget to check out our Facebook page.

A handwritten signature in purple ink that reads "Larry Robinson".

Larry Robinson MD
Chief, Rehabilitation Services
John and Sally Eaton Chair in Rehabilitation Science