



**DIVISION OF PHYSICAL MEDICINE AND REHABILITATION**  
Department of Medicine  
University of Toronto

**March 2016 Monthly Update**

1. PM&R monthly updates starting
2. Want to teach medical students physical exam skills?
3. Do you know who our “exercise is medicine” guru is?
4. Review course a huge success
5. Welcome to new faculty members
6. Did you know that one of our rehab centres is in a famous movie?
7. Larry Robinson goes to Texas Alma Mater even though he is not a Republican

1. PM&R monthly updates starting

I have heard from a number of individuals through the strategic planning process and afterwards that there is a desire for more frequent updates about our division and what our division members are up to. As a result, I will be starting a monthly update email that lets us all know what others in the division are doing. Please send me items of interest or things you would like me to include in the newsletter which can range from personal to professional achievements. I welcome your feedback on the monthly update and also encourage you to check out our Facebook page, Physical Medicine & Rehabilitation, University of Toronto.

2. Musculoskeletal physical exam sessions starting

Under the leadership of Julia Warden and other faculty members, with the strong contribution from our residents, we have an organized musculoskeletal physical exam series in April. This series provides an opportunity to teach pre-clerkship medical students how to do musculoskeletal physical exams and it also exposes them to the wonderful field of physical medicine and rehabilitation. This has been a dramatic success and one which is usually over-subscribed by our medical students. If you are interested in participating in these opportunities, please contact Julie Warden at [Julia.Warden@uhn.ca](mailto:Julia.Warden@uhn.ca).

3. Kim Coros appointed leader for “exercise is medicine” in curriculum

I am pleased to report that Kim Coros has been appointed as the leader for “exercise is medicine” in the preclerkship curriculum by Dr. Martin Schreiber, Director of the Preclerkship in the Faculty of Medicine. Kim, working with medical student Ainsley Kempenaar, developed a proposal to incorporate “exercise is medicine” into the preclerkship curriculum. Dr. Schreiber was impressed with this proposal and asked Kim to serve as the leader for “exercise is medicine” initiatives throughout the curriculum. She will be working with others to find ways to incorporate exercise education into a number of different preclerkship classes. If you have ideas or interest in this, please feel free to contact Kim at [kcoros@bridgepointhealth.ca](mailto:kcoros@bridgepointhealth.ca).

4. Review course a great success

The 9<sup>th</sup> Annual Comprehensive Review Course of PM&R was held here in Toronto from February 20-27, 2016. This was a huge success and was highly subscribed to the point where there was no sitting room left. Lecturers and other activities were of the highest quality and we were very pleased to see the use of electronic technologies which now make the printing of binders and handouts a thing of the past. A huge thanks goes out to Audrey Yap and Lalith Satkunam for their leadership in this course and Alex Lo for his leadership of the Mock Royal College exams, which went off like clockwork. And special thanks to Denyse Richardson who was the pioneer of the course with Lalith from its inception; there was a special dinner in her honour. I also want to recognize all the faculty and staff who made this review course a success; it took a huge team to bring this off at the quality that it was.

## 5. Welcome to new faculty members



We are pleased to welcome two new faculty members to the division of PM&R based at Sunnybrook Bayview Campus and St. John's. Dr. Matthew Godleski joined us in November 2015 from the University of Colorado in Denver where he served as assistant professor of rehabilitation medicine and medical director of inpatient rehab. Matt grew up not very far from here, in Rochester New York, and he attended Colgate University. He went to medical school at the University of Rochester school of medicine and dentistry and completed his PM&R residency training at the University of Colorado. Matt is one of the very few academic burn rehabilitation specialists in North America. He'll be seeing patients both at Sunnybrook Bayview Campus and St. John's. Please join me in welcoming Dr. Godleski. He can be reached at [matthew.godleski@sunnybrook.ca](mailto:matthew.godleski@sunnybrook.ca).



We are also pleased to report that Dr. Ed Hanada has joined up effective March 1st. Dr. Hanada completed medical training at the University of British Columbia and PM&R residency at Dalhousie. He is very well-trained with three areas of advanced education; a fellowship in sports, spine and musculoskeletal medicine, a masters of science degree from the University of Toronto, and an executive MBA from St. Mary's University in Halifax. Dr. Hanada has been on the faculty at Dalhousie University since 2004 and is an expert in the area of musculoskeletal rehabilitation. He served as the medical director of the musculoskeletal rehabilitation program at Dalhousie University/Nova Scotia Health Authority for the past 9 years. He is also a superb teacher and a very effective research mentor. Dr. Hanada is joining us as an associate professor with a clinician in Quality and Innovation job description. He will be focusing on trauma patients both at Sunnybrook Bayview Campus and St. John's. Please join me in welcoming Dr. Hanada. He can be reached at [ed.hanada@sunnybrook.ca](mailto:ed.hanada@sunnybrook.ca).

## 6. Bridgepoint Hospital in major film

Chris Fortin recently mentioned to me that Bridgepoint Hospital is prominent in the movie "Room". Although I haven't seen the movie yet, I am looking forward to it and am wondering if some of the psychiatrists are actors. Bridgepoint has also made appearances in The TV show Suits and there were recent reported sightings of Gerard Butler.

## 7. Larry Robinson goes to Texas Alma Mater

Although I am not a supporter of Ted Cruz (or any of the Republicans for that matter), I was still invited to Baylor College of Medicine, my Alma Mater, to present a series of EMG talks and workshops. Luckily, I was not quizzed about politics upon entry into the State. However, at Customs and Immigration, the American agent asked me if I had any alcohol or tobacco. I told him I had no alcohol, tobacco or firearms. He said firearms are okay, he just didn't want me bringing in any dangerous alcohol or tobacco.



Please let me know if you have items or news to add to the Newsletter. Please also don't forget to check out our Facebook page.

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