What is CBD?
Competency By Design is the Royal College’s model of Competence-Based Medical Education (CBME) which is an educational model that is...
- More oriented to outcomes rather than time in training (i.e. what trainee can DO)
- More flexible to learners’ prior skills and current needs
- Training using a coaching approach with more regular feedback & entrustment decisions
- Enhanced tracking of learners’ progress and performance

What is an EPA?
An Entrustable Professional Activity is a unit of work actually done during the clinician’s day (e.g., admit a patient to hospital, carry out a procedure, lead a family meeting)
- There are 29 EPAs for the PGY1-4 Internal Medicine training program
- Each EPA gets assessed several times for each resident
- Each EPA is made up of several “milestones”
- The EPAs increase in complexity through stages

Learn more about EPAs and CBD:
READ Factsheets: CBD Terminology Click here
Improving feedback tips: Click here

WATCH an eModule on: CBD in Internal Medicine and Medsquares troubleshooting: Click here to watch EPAs 101: Click here

PREVIEW a sample completed TTD1 EPA. Click here to preview.

VISIT www.deptmedicine.utoronto.ca/cbme for general information on resources and events.

Questions? CONTACT us at dom.cbd@utoronto.ca

Primer for Manage Basic Chronic Conditions - EPA FOD0

Foundations of Discipline -FOD0 (PGY1s Blocks 5-13) involves assessing and managing patients with straightforward chronic medical presentations.

Supervisor (staff and/or supervising fellow) does assessment based on direct* and indirect observation.

*Direct = unfiltered case review at the time of presentation, with validation of part of the history/physical by the supervisor followed by discussion of the management plan.

EPA MILESTONES: FOD 0 (Click to see similar completed form)

1. Performs appropriate assessment, identifies & differentiates normal & abnormal findings in the history & physical exam of patient with a chronic medical condition.
2. Generates DDx with appropriate diagnostic strategies.
3. Selects and interprets investigations based on clinical priorities & resource stewardship.
4. Implements a management plan that addresses ongoing diagnostic uncertainty & incorporates best practice & guidelines.
5. Completes documentation in a timely & efficient manner.
6. Communicates with patient & family using person-centered approach, demonstrating compassion.

HOW TO COMPLETE AN EPA ASSESSMENT:

1. You or the resident initiate the assessment. You observe the resident carry out the activity. We expect at least 5 minutes of direct observation for this tool. Parts of the assessment can be done as case review/discussion.
2. You or the resident sign onto medsqures, and provide the assessment demographics. This can be done on the mobile phone or computer top.
3. From the list of milestones pertinent to the EPA, choose 2-3 milestones that are relevant to the activity, and provide comments about the resident’s performance. Please also indicate the performance level on each milestone you assessed, using the entrustment scale. You are not required to cover all milestones, but are welcome to.
4. Using the global entrustment scale, decide whether the resident can be entrusted overall to perform this activity with a similar case in the future. In general, residents are not expected to be entrustable early in a new stage of training, although this particular tool verifies skills that should have been learned in medical school.
5. Provide general comments and recommendations for the resident’s future learning.
6. Discuss your feedback with the resident.